

Perceptual Encoding and Attention

- Perceptual Encoding: incoming sensory information is interpreted in the context of previous experience (information in long-term memory)
- Top-down and bottom-up processing
 - Top-down: contribution of previous experience Bottom-up: contribution of incoming data
- Perceptual encoding is limited by attention

Attention

- selection of information for further processing "attentional searchlight"
- pool of resources limitation to the number of stimuli or tasks one can attend
- attention limits also apply to decision making and response execution stages



Decision Making

- Once a stimulus is perceived, we must decide what response to make
- Automatic vs. controlled decisions
 - automatic: guick
 - no attention needed
 - learned reflexes
 - long-term memory procedure executes automatically in response to the stimulus
 - controlled: slow
 - attention required, typically conscious of thoughts
 - interaction with working and long-term memory systems
 - may involve rehearsal (to store new information)

cerebru

weighing of costs and benefits



diencephalon

cerebellum

The Brain

6 major regions

Cerebrum

- Largest part
- Controls higher
 - mental functions Divided into left and right cerebral hemispheres
- Surface layer of gray matter (neural/cerebral cortex)

mesencephalor

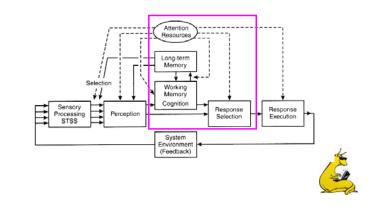
pituitary gland

pons medulla

- Cerebellum
 - Second largest part of brain
 - Coordinates repetitive body movements
 - 2 hemispheres
 - Covered w/ cerebellar cortex

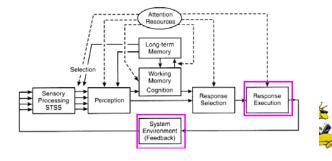


Decision making



Response Execution and Feedback

- Once the decision has been reached to execute a particular response the complex motor movements of the response must be executed
- Typically, we monitor the consequences of our actions, producing *closed-loop feedback*
- Model is circular rather than linear



The Brain

Diencephalon

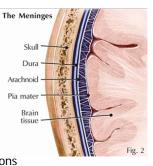
- Links cerebrum with brain stem (mesencephalon, pons & medulla)
- R & L Thalamus: relays and processes sensory information,
- Hypothalamus: hormone production, emotion, autonomic function Pituitary Gland: interfaces nervous and endocrine systems
- Mesencephalon/midbrain
 - Processes sight, sound, and associated reflexes
 - Maintains consciousness
- Pons
 - Is involved in both somatic and visceral motor control
- Medulla Oblongata
 - Connects brain to spinal cord
 - Regulates autonomic functions: heart rate, blood pressure, and digestion

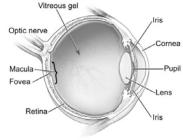




Brain Protection and Support

- Physical protection:
 - bones of the cranium
 - cranial meninges
 - cerebrospinal fluid
- Biochemical isolation:
 - blood–brain barrier
 - Isolates CNS neural tissue from general circulation
 - Formed by network of tight junctions
- Cranial Meninges 3 layers:
 - dura, arachnoid, pia mater
 - Protects the brain from cranial trauma





The Eye

- cornea: transparent covering; protects the eye, bends light to provide focus
- light enters the eye through the pupil, a small adjustable opening
- size of the pupil adjusted by *iris*, a circular colored muscle
- lens: transparent structure behind the pupil that changes shape to focus an image on the back of the eye

The Ear rods: retinal cells/receptors that detect black, white, and 2,000 Hz • *fovea*: central part of the retina with the highest density of 1,500 H cones and the highest resolution (contains virtually no rods)

rods and cones connected to ganglion cells

retina: light-sensitive inner surface of the eye

• ganglion cells' axons create the *optic nerve* (a bundle of nerve fibers that carry messages from the retina to the thalamus)

The Retina

gray; necessary for peripheral and twilight vision *cones*: retinal cells that detect colors and fine detail; function in daylight and well-lit conditions

no rods or cones at spot where optic nerve leaves eye (blind spot)

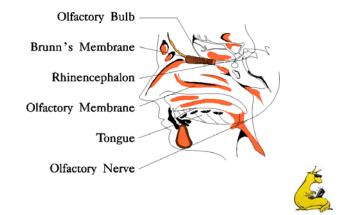
Structure of the Far

- sound waves enter the ear and strike the eardrum (tympanic membrane)
- ear drum vibrations move the three tiny bones in the ear (hammer, anvil, stirrup)
 - bones amplify sound and transmit it to the basilar membrane, which is inside the cochlea
- basilar membrane lined with tiny projections called hair cells
 - hair cells : hearing :: rods and cones : vision
 - vibration in bones causes basilar membrane to vibrate
 - vibration in basilar membrane causes hair cells to fire, triggering neural impulses to brain

The Chemical Senses: Taste & Smell

(200-600 Hz)

rely on sensing the presence of certain chemicals



Smell

- Molecules of certain substance sensed by about 5 million receptor fibers on the roof of each nasal cavity
- Different receptors for different smells (about 1000)
- ► Like colors, we detect smell by the combination of receptors that fire → around 10K smells detectable by humans
- some people are 20x more sensitive to smell than others (Rabin & Cain, 1986)
- most people think they are good at detecting smells, but are surprisingly poor at it (de Wijk et al., 1995)
- Cain (1979): people correctly identify only about half of 80 common smells
- women better than men (Cain, 1982)
- young adults better than children (up to 14) or middle-aged adults (40-50) (Cain & Gent, 1991; de Wijk & Cain, 1994; Murphy, 1986)

Taste

Taste buds: microscopic structures on the bumps on the tongue surface, at the back of the throat, and inside the cheeks

- taste buds die and are replaced every 10 days (McLaughlin & Margolskee, 1994)
- number of taste buds and sensitivity, decrease with age (Cowart, 1981)
- Taste and smell closely related
 - aspartame (NutraSweet) tastes sweeter when smelling vanilla (Sakai et al., 2001)
 - both types of information converge on same region of frontal lobe critical for perception of flavor (Schul et al., 1996)



Somasthetic Senses

- ► kinesthetic sense: the sense that registers the movement and position of the limbs → 2 types of specialized cells
 - 1. in tendons (connect muscles to bones); triggered by tension
 - 2. in muscles themselves; triggered by length of muscle
- vestibular sense: the sense that provides information about the body's orientation relative to gravity
 - relies on semicircular canals in the inner ear
 - filled with fluid and cilia (tiny hairs); detect balance by sensing fluid's movement



Smell and Memory

Herz et al., 2004

- Participants placed in a scented room, played a computer game that was rigged so they would always lose (frustration) while exposed to either <u>same smell/different</u> <u>smell/no smell</u>
- Results: same smell group gave up task earlier than other two groups
- Smells can also evoke pleasant memories
- Why are smell and memory so closely linked?
 - evolutionary explanation: smell used by most mammals to detect food (good or bad) and poison
 - biological explanation: two major neural tracks that deliver olfactory information – thalamus to hippocampus (memory and limbic system (emotion)

Somasthetic Senses

- Senses that have to do with perceiving the body and its position in space
 - specifically touch, kinesthetic sense, vestibular sense, pain sense
- Touch (skin = largest organ)
 - millions of sensory receptors; combinations of receptor activation lead to different types of touch
 - sensory cortex divided by body part; more cortex = more sensitivity (Weinstein, 1968) → most sensitive hand, least sensitive back.
 - brain tuned to be more sensitive to unexpected stimulation
 - women more sensitive to touch than men (Weinstein, 1968)



Pain

- > A product of bottom-up and top-down processing.
- bottom-up: damage to a portion of the body sends signals to the sensory cortex (parietal lobe), indicating a problem
- top-down: brain anticipates pain, body feels expected pain
 - Armel & Ramachandran (2003): slightly bent unseen fingers of participants while simultaneously severely bending finger on fake rubber hand
 - participants "felt" severe twist; reported more pain, increased perspiration
- Despite how it feels, pain is a good thing for us.
 - alerts us to something wrong, signals us to change behavior
 - people born without ability to feel pain usually die by early adulthood



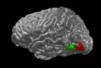
Gate-Control Theory of Pain

Theory that the spinal cord contains a neurological "gate" that either blocks pain signals or allows them to continue to the brain (Melzack & Wall, 1965)

- 2 types of nerve fibers in spinal cord: short and long
- short nerve fibers: conduct pain signals, open the gate
- long nerve fibers: conduct most other sensory information, close the gate
- one way to treat pain may be to activate long nerve fibers via massage, electric stimulation, or acupuncture (Wall, 2000) → e.g. rubbing the injured area



Synesthesia



- comes from the Greek syn ("union")
 + aisthises ("of the senses")
- phenomenon in which stimulation of one sensory pathway leads to automatic experiences in a second sensory pathway
 - up to 1 in 23 people experience synesthesia
- lots of forms; almost any two senses can be linked via synesthesia
- Why does synesthesia happen?
 - increased communication between specialized parts of the brain that are physically close to one another?
 - e.g. letter/number recognition (green) and color processing (red)



Controlling Pain

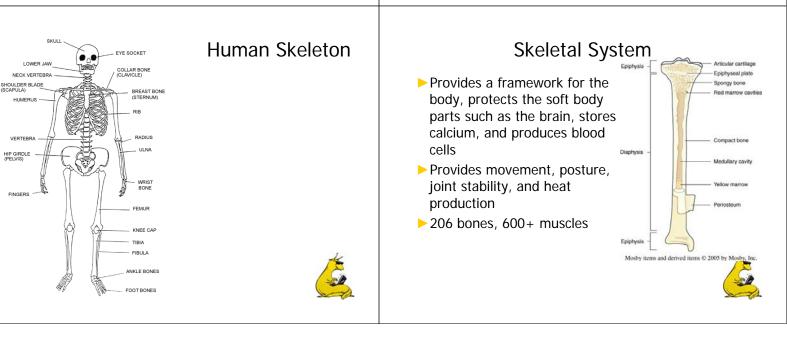
- pain at the intersection of mind and body
 - can be controlled by physical or psychological interventions?
- painkiller operates on physical level (bottom-up)
 - but, placebos activate some of the same brain structures as painkillers (and work to alleviate pain!) (Petrovic et al., 2002; Wager et al., 2004)
- Lamaze classes: relaxation (deep breathing, muscle relaxation), counterstimulation (gentle massage), and distraction (focusing on something else)
- Surgery patients whose rooms face trees require less pain medication and recover more quickly than those whose rooms face brick walls. (Ulrich, 1984)

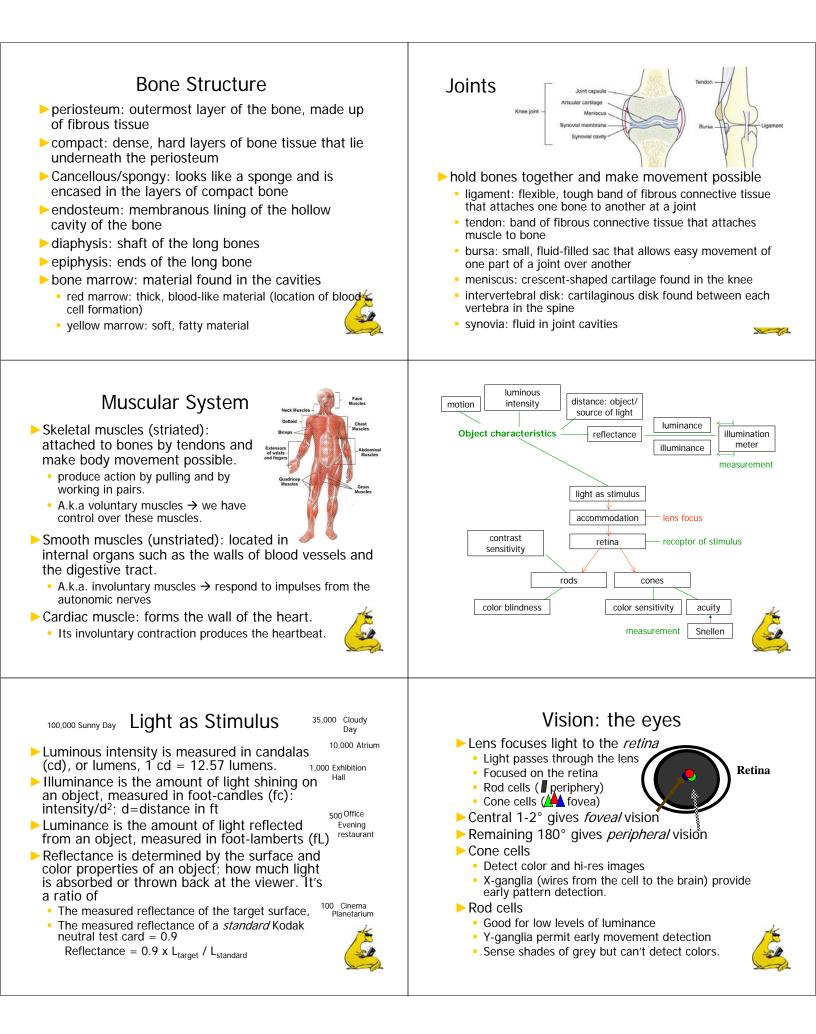


Synesthesia

- \triangleright grapheme \rightarrow color synesthesia
 - Ietters and/or numbers associated with specific colors
 - associations vary from person to person, but there are some common pairings (e.g. A and red, O and white/black, S and yellow) (Day, 2005)
- ▶ music → color synesthesia
 - specific tones or songs associated with specific colors
 - again lots of variation, but still some common trends (e.g. higher pitches = brighter colors) (Ward et al., 2006)
- \triangleright lexical \rightarrow gustatory synesthesia
 - individual words and sounds associated with experience of specific tastes (e.g. /k/ paired with taste of eggs)
 - very rare form of synesthesia, not yet well understood
- How do we know that synesthesia is real?
 - test-retest reliability: 90% for synesthetes vs. 30-40% for non

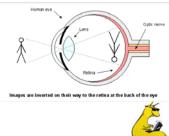






Inversion of Images

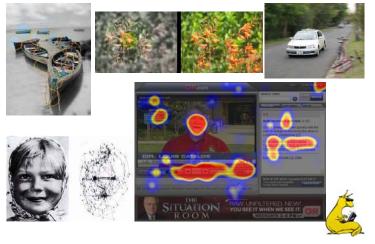
- image projected upside down on retina, once it passes through lens
 - receptor cells in retina convert light into neural impulses, which are organized by brain into meaningful structures
- vision is <u>constructed</u> by brain, rather than merely received
 - retinal cells extremely sensitive and specialized
 - feature detector neurons: nerve cells in the visual cortex that respond to very specific features of a stimulus, such as shape, angle, or movement



Color vision

- Cone cells detect color (hue, saturation, value) through photo-pigments.
 - mainly reds (64%); few blues (4%).
 - Center of retina (high acuity) has no blue.
 - Means disappearance of small blue objects you fixate on.
- Brightness is determined mainly by R+G
- Shapes are detected by finding edges
 - combine brightness & color differences for sharpness
 - harder to deal w/ blue edges & blue shapes
- Color is a product of our brains' transduction of light waves.
 - We can discriminate 7 million+ colors

How we see the world



Visual Information Processing

- serial vs. parallel processing
 - serial processing: processing of information step-by-step in a specific order (e.g. computers, conscious problem solving)
 - parallel processing: processing several aspects of information simultaneously (e.g. vision, many other brain activities)
- brain simultaneously perceives color, depth, movement, and form (Livingstone & Hubel, 1988)
 - integrates information "on-the-fly" and allows for almost instantaneous recognition of objects



Color vision

- Different wavelengths of light focused at different distances behind eye's lens
 - need for constant refocusing \rightarrow fatigue
 - be careful about color combinations
- More saturated colors = more focusing
 - don't use saturated colors in UIs unless you really need something to stand out (warning)
 - pastel colors are cleaner
- Objects do not "possess" color (in a sense, the tomato isn't red, it's everything but red...)
 - Wavelengths of red light are reflected from the tomato
 - "The [light] rays are not coloured." (Newton, 1704)



- Visual disability
- Normal: 20/20: the ability to read letters of a certain size (the norm for one's age) from the eye chart placed 20' away
- 20/40 = You need twice the size to read at 20'
- Registered blind = 20/200
- At least 1.5M blind and visually impaired Americans use computers
- Only 10% blind people read Braille
- The most common AT: screer magnifier/reader

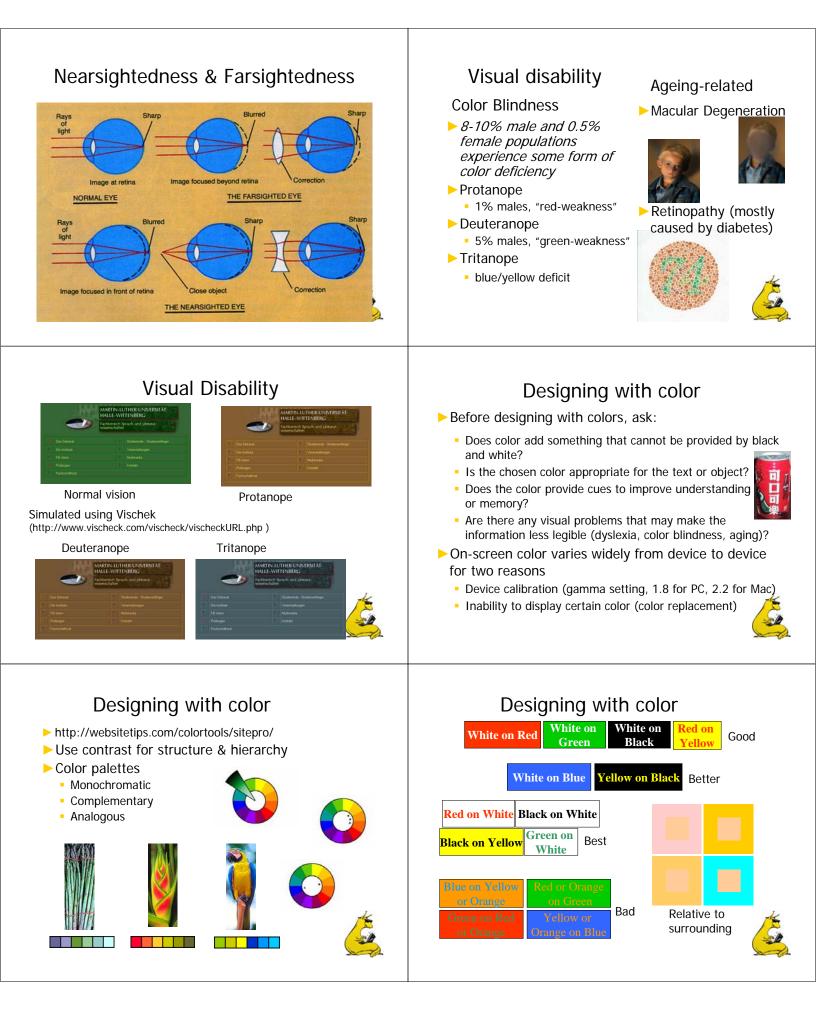


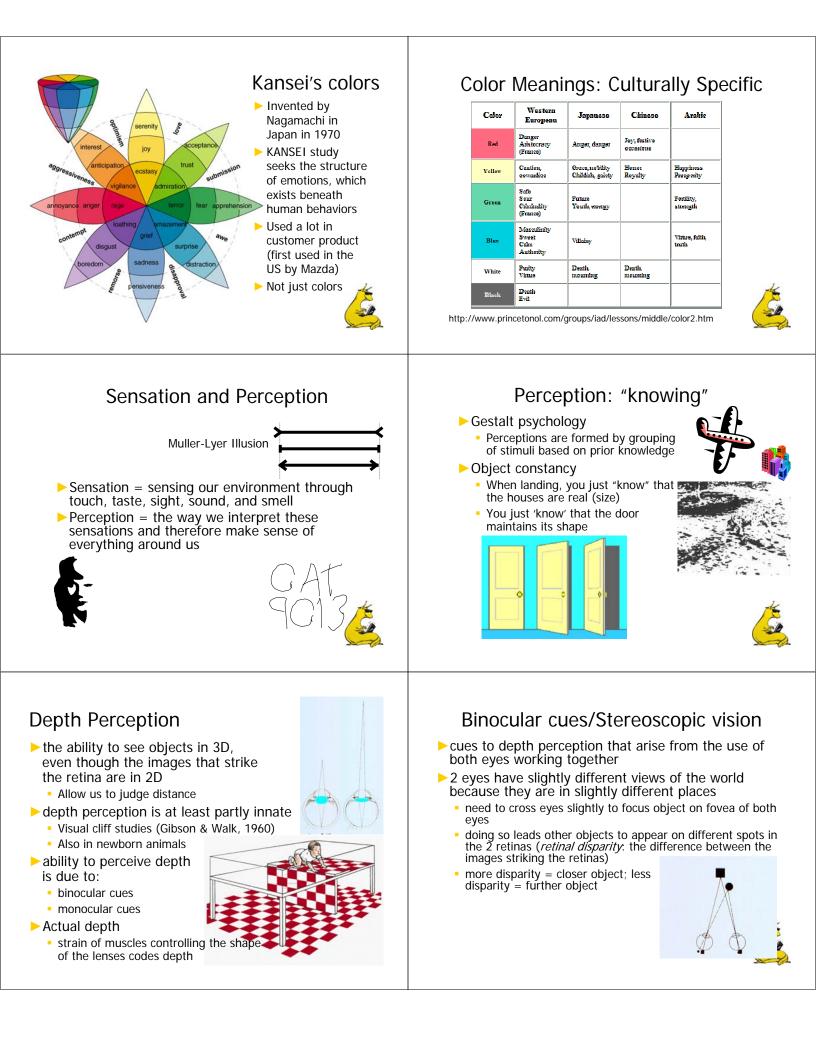


(short-sighted) (far-sighted)

Cataracts Glaucoma







Monocular cues

- relative size: closer object appears larger
- relative clarity: hazy objects are perceived as being further away than clear objects (light scatters in the atmosphere)
- texture gradient: objects far away seem smoother and more closely packed
- relative height: objects higher in field of vision appear farther away

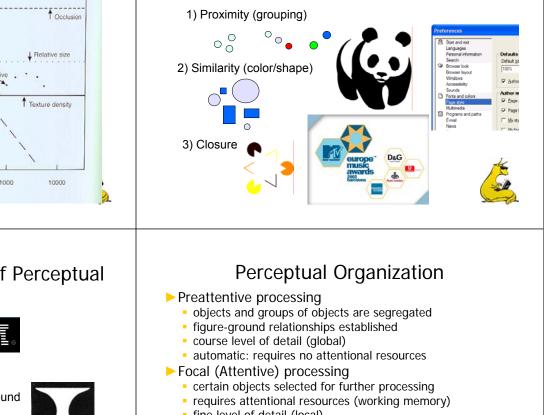


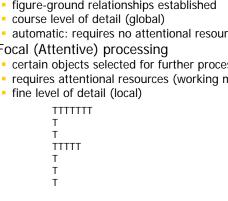
Monocular cues

- interposition: objects that block the view of another are perceived as being closer
- ► relative motion (motion parallax): as we move, stationary objects seem to move backward → objects further away move at slower pace than closer objects.
- Inear perspective: parallel lines appear to converge with distance
- light and shadow: nearby objects reflect more light to our eyes (dimmer objects seem further away)



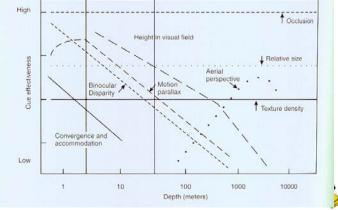
Gestalt Psychology – Law of Perceptual Organization







Relative Usefulness of Depth Cues



Gestalt Psychology – Law of Perceptual Organization

