SANTA CRUZ ROWING CLUB ROWING RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK
AND INDEMNITY AGREEMENT ("AGREEMENT")

IN CONSIDERATION of being given the opportunity to participate in any way in SANTA CRUZ ROWING CLUB
("SCRC") activities, I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of rowing activities, including,
without limitation, both on water and land based, and that I am qualified, in good health, and in proper
physical condition to participate in the SCRC rowing activities.

2. FULLY UNDERSTAND that: (a) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious
bodily injury, including permanent disability, paralysis, and death ("Risks and Dangers"); (b) these Risks
and Dangers may be caused by my own actions, or inactions, the actions or inactions of others
participating, the condition in which the rowing activities takes place, or the negligence of the Releasees
named below; (c) there may be other risks and social and economic losses either not known to me or
not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND
DANGERS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of
my participation in Rowing activities.

3. AGREE AND WARRANT that I will examine and inspect each activity of the rowing activities in which I
take part and that, if I observe any condition which I consider to be unacceptably hazardous or
dangerous, I will notify the proper authority in charge of the rowing activities and will refuse to take part
in the rowing activities until the condition has been corrected to my satisfaction.

4. HEREBY RELEASE, discharge, and covenant not to sue the Club, host organization, North American
Rowing Association, LLC (NOARA), their administrators, directors, agents, officers, members,
volunteers, and employees, other participants, regatta organizers, any sponsors, advertisers, and, if
applicable, owners and lessors of premises on which the rowing activities takes place, (each considered
one of the "Releasees" herein) from all liability, claims, demands, losses, or damages on my account
caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise,
including negligent rescue operations; and I further agree that if, despite this release and waiver of
liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against
any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from
any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result
of such claim to the fullest extent permitted by law.

5. HEREBY ACKNOWLEDGE AND AGREE and by my signature below, or that of my parent or guardian,
attest that I have read this agreement, fully understand its terms, understand that I have given up
substantial rights by signing it and have signed it freely and without any inducement or assurance of any
nature and intend it to be a complete and unconditional release of all liability to the greatest extent
allowed by law and agree that if any portion of this agreement is held to be invalid the balance,
notwithstanding, shall continue in full force and effect.

6. PARENTAL CONSENT AND I, the minor's parent and/or legal guardian, understand the nature of
rowing activities and the minor's experience and capabilities and believe the minor to be qualified to
participate in the rowing activities and to understand and abide by the Safety Rules for Participants. I
hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND HOLD HARMLESS
each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account
caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise,
including negligent rescue operations, and further agree that if, despite this release, I, the minor, or
anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY,
SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss
liability, damage, or cost which any Releasee may incur as the result of any such claim to the fullest
extent permitted by law.

A WAIVER MUST BE READ AND AGREED TO BY EACH INDIVIDUAL PARTICIPATING IN THE ROWING
ACTIVITIES.

I HAVE READ AND UNDERSTOOD THIS WAIVER.

Signature: __________________________________________
Printed Name: ________________________________________ Date: ________________