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# Ratchets, power strokes, and molecular motors

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**ABSTRACT** We present a method for determining the effective driving potential for a molecular motor from measurements of its stochastic position versus time. In developing the method we can make precise the previously vague notions of ‘Brownian ratchet’ and ‘power stroke’, and suggest means to experimentally distinguish between the two. In particular, we distinguish between two kinds of ratchets: ratchets that rectify large fluctuations and ratchets that bias small fluctuations.

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## 1 Introduction

In 1969, Huxley proposed a theory for how the crossbridges in muscle generate the force that drives muscle contraction [1]. His model was built around the idea of capturing Brownian fluctuations in an elastic element to generate a unidirectional force; it was the first application of the ‘Brownian ratchet’ idea to a protein motor.<sup>1</sup> The idea resurfaced in the early 1990s by several groups who presented models for extracting mechanical work from isothermal Brownian motion [3, 5–8]. Some of these models were based on the notion of a ‘flashing potential’ that alternated stochastically between two different driving potentials [5, 8–10]. The transition between the potentials is driven by a chemical reaction. These models are part of a widely accepted mathematical formalism within which the energy transduction of molecular motors is generally studied [11]. Within this framework, it is possible to make a precise distinction between ratchet and power strokes, and even to devise methods that, in principle, could be used to distinguish experimentally between them. This is what we endeavor to do here.

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<sup>1</sup> The term ‘Brownian ratchet’ is frequently attributed to Feynman; however, the phrase – or the related term ‘thermal ratchet’ – never appears in his oft-cited chapter on the ‘ratchet and pawl’ (Chapt. 46 of the *Feynman Lectures*) [2]. To the best of our knowledge, the term ‘Brownian ratchet’ was first used by Simon et al. [3] to describe the isothermal trapping of Brownian fluctuations to drive protein translocation. Vale and Oosawa [4] proposed a thermal trapping scheme for molecular motors; however, it was based on thermal gradients within proteins, rather than isothermal Brownian motion.

In Sect. 2 we set up a mathematical framework within which the terms ‘ratchet’ and ‘power stroke’ can be defined precisely. Then in Sect. 3 we present a method by which a phenomenological ‘driving potential’ can be defined from experimentally measured time series of motor position versus time. For concreteness, we will use rotary motors as examples, in particular, the F<sub>1</sub> ATPase [12]; the extension to linear motors is obvious. We also discuss the phenomenological distinction between power stroke and ratchet, which is largely a matter of the amount of free-energy change in each ratchet step. For example, the binding of an ATP molecule to a catalytic site proceeds by a progressive annealing of hydrogen bonds that captures thermal fluctuations of the catalytic site to induce conformational changes [12–14]. This process is driven by biasing thermal fluctuations, and so could be said to be a ratchet. However, because the free-energy change in each small step (the annealing of a hydrogen bond) is not much larger than  $k_B T$ , the rotation of the F<sub>1</sub> motor driven by the ATP binding looks like a power stroke.

## 2 Ratchets and power strokes

Roughly speaking, a ratchet is a motor in which the motion is driven directly by thermal fluctuations and rectified, or biased, by chemical reactions. In contrast, a power-stroke motor directly drives the motion.<sup>2</sup> To make the definitions precise, we consider all torques (or forces for linear motors) to act on the load that the motor is driving. In this paper, the ‘load’ means the object the motor is driving, not the external torque acting on the motor. For example, in the rotation experiments of the F<sub>1</sub> ATPase, the load is the long actin filament attached to the  $\gamma$  subunit (see Fig. 1a and [15]). Similarly, in kinesin experiments the motor tows a large bead (the load) [16]. Typically, there are three stochastic torques acting on the load, as shown in Fig. 1b: the Brownian torque, the viscous drag torque, and the motor torque. There may also be an external conservative torque acting on the load; in experiments, this would be calibrated so as to be non-stochastic and nearly independent of motor position, such as a laser-trap-implemented force clamp [17]. The theoretical distinction between these

<sup>2</sup> Mathematically, if thermal fluctuations are eliminated from a model while the drag coefficient is kept constant, a power stroke will still work but a ratchet will not. Of course, this makes no sense physically since the drag coefficient depends on thermal motions.



As in (1), the subscript ‘S’ represents the current chemical state, indicating that  $X$  may vary with the chemical state of the motor. Using (4) on (3) we can derive the energy balance on the load at the steady state. First, the steady state of (3) is found by setting the left side to zero. Then multiplying (3) by  $p^2/(2I)$  and summing over the chemical states,  $j = 1, \dots, N$ , we have

$$0 = -\frac{I}{2} \frac{\partial}{\partial \theta} \left[ \left( \frac{p}{I} \right)^3 \sum_{j=1}^N \varrho_j \right] + \frac{I}{2} \left( \frac{p}{I} \right)^2 \frac{\partial}{\partial p} \left[ \sum_{j=1}^N \left( \phi'_j - \tau + \zeta \frac{p}{I} \right) \varrho_j \right] + \zeta k_B T \frac{I}{2} \left( \frac{p}{I} \right)^2 \frac{\partial^2}{\partial p^2} \left[ \sum_{j=1}^N \varrho_j \right]. \quad (5)$$

Next, integrate (5) with respect to  $\theta$  and  $p$ ; because everything is periodic, the integral of the first term is zero. Applying integration by parts to the second and third terms yields:

$$0 = -\int_0^A \int_{-\infty}^{\infty} \sum_{j=1}^N (\phi'_j - \tau + \zeta \omega) \omega \varrho_j \, dp \, d\theta + \frac{\zeta k_B T}{I} \int_0^A \int_{-\infty}^{\infty} \sum_{j=1}^N \varrho_j \, dp \, d\theta = \underbrace{\langle -\phi'_S \omega \rangle}_{\dot{W}_M} + \underbrace{\tau \langle \omega \rangle}_{\dot{W}_E} - \underbrace{\zeta \langle \omega^2 \rangle}_{\dot{Q}_{\text{out}}} + \underbrace{\frac{\zeta k_B T}{I}}_{\dot{Q}_{\text{in}}}. \quad (6)$$

A similar approach was used to study the heat conduction via fluctuations of a mechanical device linking two temperature reservoirs [23].

Each term in (6) has the physical interpretation shown in Fig. 1b.

- $\dot{W}_M = \langle -\phi'_S \omega \rangle$  is the rate of work done on the load by the motor torque ( $\tau_M = -\phi'_S$ ). This is the rate at which energy flows from the chemical reaction site to the load. We will see later that this rate can be positive or negative. Surprisingly, it can also exceed the rate of free-energy consumption of the motor! Note that the motor torque is stochastic since it varies with the position and the chemical state of the motor.
- $\dot{W}_E = \tau \langle \omega \rangle$  is the rate of work done on the load by the external torque.
- $-\dot{Q}_{\text{out}} = -\zeta \langle \omega^2 \rangle$  is the rate of work done on the load by the drag torque. Because the drag torque always opposes the motion,  $-\dot{Q}_{\text{out}}$  is always negative, i.e.  $\dot{Q}_{\text{out}} \geq 0$ .  $\dot{Q}_{\text{out}}$  is the rate at which the kinetic energy of the load is converted by viscous friction to heat in the surrounding fluid.
- $\dot{Q}_{\text{in}} = \zeta \frac{k_B T}{I}$  is the rate of work done on the load by the Brownian torque. This is the rate at which heat is absorbed from the surrounding fluid by the load via thermal fluctuations. Part of the heat absorbed by the load becomes kinetic energy of the load, which is quickly converted by viscous

friction to heat in the surrounding fluid. For molecular motors,  $\dot{Q}_{\text{in}}$  is much larger than the free-energy consumption rate (see below).

- The rate of free-energy consumption of the motor is  $r(-\Delta G_C)$  where  $r$  is the rate of chemical reaction in the motor and  $\Delta G_C$  is the free-energy change in one reaction cycle. At physiological conditions,  $\Delta G_C$  of ATP hydrolysis cycle is about  $-20 k_B T$  [24]. For a 1- $\mu\text{m}$  actin filament rotating around one end,  $\dot{Q}_{\text{in}} = \zeta \frac{k_B T}{I} \approx 3.85 \times 10^{10} k_B T/s$ . In contrast, the maximum ATPase activity of the  $F_1$  motor is about 300 ATPs per second [15]. That gives an upper bound on the energy consumption rate of the  $F_1$  motor:  $r(-\Delta G_C) \leq 6 \times 10^3 k_B T/s$ . Thus, for the  $F_1$  motor,  $\dot{Q}_{\text{in}}$  is much larger than  $r \cdot (-\Delta G_C)$ . This is generally true for all molecular motors.

The net rate of heat flow from the load to the surrounding fluid at temperature  $T$  is

$$\dot{Q}_{\text{out}} - \dot{Q}_{\text{in}} = \zeta \langle \omega^2 \rangle - \frac{\zeta k_B T}{I} = \frac{\zeta k}{I} \left( \frac{I \langle \omega^2 \rangle}{k} - T \right).$$

In [25],  $\dot{Q}_{\text{out}} - \dot{Q}_{\text{in}}$  was called ‘the dissipation of energy to the heat bath’. However, as illustrated by the example in Fig. 2 below,  $\dot{Q}_{\text{out}} - \dot{Q}_{\text{in}}$  may exceed the energy consumption. Because  $\omega$  is the instantaneous angular velocity of the load, we can define the temperature of the load as  $T_L = I \langle \omega^2 \rangle / k_B$ . Thus

$$\dot{Q}_{\text{out}} - \dot{Q}_{\text{in}} = \frac{\zeta k_B}{I} (T_L - T). \quad (7)$$

Using (6), we can express  $\dot{W}_M$  in terms of  $\dot{Q}_{\text{out}} - \dot{Q}_{\text{in}}$ :

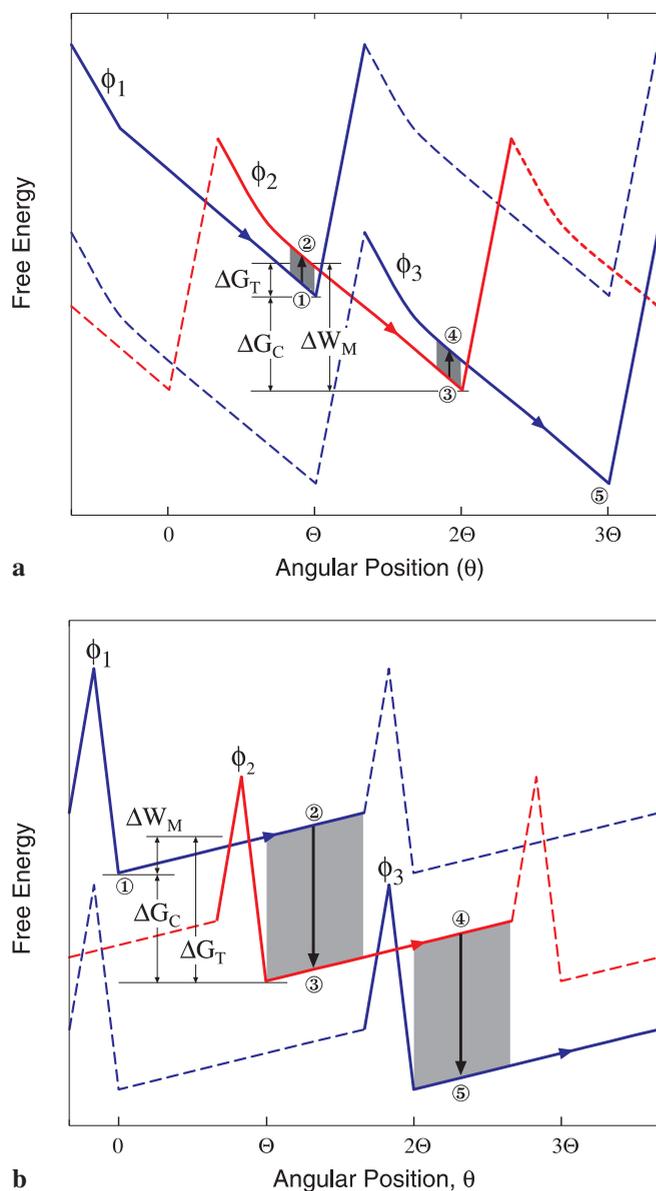
$$\dot{W}_M = \dot{Q}_{\text{out}} - \dot{Q}_{\text{in}} - \tau \langle \omega \rangle. \quad (8)$$

(8) describes the energy flow through the load. When  $\tau = 0$  and  $\dot{W}_M > 0$ , energy flows from the chemical reaction site to the load via the motor torque, and then to the surrounding fluid where it ends up as heat. This case corresponds to a power-stroke motor working against only the viscous drag. When  $\dot{W}_M = 0$  and  $\tau < 0$  (i.e. the external torque opposes the motion), heat flows from the surrounding fluid to the load via thermal fluctuations, and then to the external agent that exerts the torque  $\tau$  on the load. This case corresponds to a ratchet motor working against an external conservative torque (a spring or a laser trap). Thermal energy is extracted from the surrounding fluid and is used to increase the potential energy of the external agent. This energetically unfavorable process is rectified by the chemical reactions in the motor. Notice that the chemical reactions do not directly drive the load: the work done on the load by the motor torque is zero.

With the above definitions, one can view a motor as having a power-stroke component and a ratchet component by calculating the fraction of the total free-energy consumption used for each component:

$$f_P \equiv \frac{\dot{W}_M}{r \cdot (-\Delta G_C)} = \text{percent power stroke},$$

$$f_R \equiv 1 - \frac{\dot{W}_M}{r \cdot (-\Delta G_C)} = \text{percent ratchet}, \quad (9)$$



**FIGURE 2** Two example motor systems. The arrows along the potentials and in the shaded regions indicate the positive direction of the motor.  $\Delta G_C$  is the free-energy change in one reaction cycle ( $\textcircled{1} \rightarrow \textcircled{2} \rightarrow \textcircled{3}$ ).  $\Delta W_M$  is the work done on the load by the motor torque in one reaction cycle.  $\Delta G_T$  is the free-energy change in the transition between potentials in the positive direction of the motor. **a** A motor system with  $-\Delta G_C = 16k_B T$ ,  $\Delta G_T = 4k_B T$  and  $\Delta W_M = 20k_B T$ . According to the definition (9) this motor has a 125% power-stroke component and a (-25%) ratchet component:  $f_P = 125\%$  and  $f_R = -25\%$ . This is an over-simplified model for the  $F_1$  motor at low ATP concentrations (see the discussion accompanying Fig. 3). **b** A motor system with  $-\Delta G_C = 16k_B T$ ,  $\Delta G_T = -20k_B T$  and  $\Delta W_M = -4k_B T$ . This motor has a (-25%) power-stroke component and a 125% ratchet component:  $f_P = -25\%$  and  $f_R = 125\%$ . This may be viewed as a simplified model for a polymerization ratchet motor

Thus the motor can be viewed formally as the sum of two motors: one driven by power strokes consuming a portion  $f_P$  of the total energy consumption, and the other driven by a Brownian ratchet using  $f_R$  of the total energy consumption:  $f_P + f_R = 1$ . Note that, as defined,  $f_P$  or  $f_R$  individually can be positive or negative, and can even be larger than 1. The interpretation is as follows:

- If  $0 \leq f_P \leq 1$  and  $0 \leq f_R \leq 1$ , both the power-stroke component and the ratchet component are driving the motor motion.
- If  $f_P < 0$ , the power-stroke component is working against the motor motion.
- If  $f_R < 0$ , the ratchet component is working against the motor motion.

If one insists on labeling a protein motor as either a power-stroke motor or a ratchet motor, one must choose an arbitrary threshold (say,  $f_0 = 50\%$ ): if  $f_P < f_0$ , we call the motor a ratchet motor, otherwise we call it a power-stroke motor.

## 2.1 Examples of energy flows through a molecular motor

Figure 2 shows two hypothetical motor systems driven by moving along a series of identical periodic potentials, each shifted to the right by  $\Theta$  in the  $\theta$  direction, and by  $\Delta G_C$  down in free energy. All protein motors coordinate the reaction steps with the mechanical cycle; therefore, we restrict the transition between potentials to take place only in the shaded regions. Only three successive potentials are shown for each motor system in Fig. 2. However, it is clear that as the motor goes forward the free energy of the system decreases.

Note that potentials in the collection  $[\phi_1, \phi_3, \phi_5, \dots]$  differ only by a shift downwards in free energy, so they have the same effect on the motor motion. If we use  $\phi_1$  to represent  $[\phi_1, \phi_3, \phi_5, \dots]$  and  $\phi_2$  to represent  $[\phi_2, \phi_4, \phi_6, \dots]$ , we can treat these two motor systems mathematically as systems switching between two potentials. This is the usual representation; however, we will not adopt this convention since it obscures the monotonic decrease in free energy.

In Fig. 2a, because the free-energy change in the transition  $\textcircled{1} \rightarrow \textcircled{2}$  is positive, the motion  $\textcircled{2} \rightarrow \textcircled{3}$  down the potential does more work on the load than the free energy consumed in one reaction cycle:  $\Delta W_M > (-\Delta G_C)$ . Consequently, the power-stroke component of the motor is larger than 100%:  $f_P = \Delta W_M / (-\Delta G_C) > 100\%$ . The percentage of the ratchet component is negative. This situation arises because the transition  $\textcircled{1} \rightarrow \textcircled{2}$  is energetically unfavorable – it presents a barrier to the motor motion. Thus, the motor system shown in Fig. 2a can be viewed as a strong power-stroke component working against a weak ratchet component. This is the situation in the V-ATPase proton pumps, and in the bacterial ATP synthase under anaerobic conditions when the  $F_1$  motor drives the  $F_0$  motor backwards [12, 26].

In Fig. 2b, forward motion of the motor requires it to diffuse up the potential  $\phi_1$ :  $\textcircled{1} \rightarrow \textcircled{2}$ . During this motion, thermal energy is absorbed by the load from the surrounding fluid, so the work done on the load by the motor torque is negative:  $\Delta W_M < 0$ . Consequently, the percentage of the power stroke is negative, and the percentage of the ratchet component is larger than 100%. The transition from  $\phi_1$  to  $\phi_2$  ( $\textcircled{2} \rightarrow \textcircled{3}$ ) is energetically favorable, and the potential  $\phi_2$  rectifies the diffusive motion  $\textcircled{1} \rightarrow \textcircled{2}$  up the potential  $\phi_1$ . So in this motor, each individual potential is trying to drive the motor backwards, but the chemical transition between potentials rectifies large forward fluctuations and thus effectively drives the motor forward. The motor system shown in Fig. 2b can be viewed as a strong ratchet component working against a weak power-

stroke component. This is the normal situation in ATP synthase wherein the  $F_0$  motor drives the  $F_1$  motor ‘backwards’ to synthesize ATP.

## 2.2 What is measurable?

While the above classification of ‘power stroke’ and ‘ratchet’ is well defined, there are problems associated with using  $\dot{W}_M$  to measure the power-stroke component of a motor. First,  $\dot{W}_M$  is not directly measurable in experiments. In the absence of an external torque ( $\tau = 0$ ),  $\dot{W}_M$  is equal to the net rate of heat flow from the load to the surrounding fluid (c.f. (7) and (8)):

$$\dot{W}_M = \dot{Q}_{\text{out}} - \dot{Q}_{\text{in}} = \frac{\zeta k_B}{I} (T_L - T). \quad (10)$$

In theory, both  $T_L$  and  $T$  can be measured, and  $\dot{W}_M$  can be evaluated. However, this approach is not practical for molecular motors because  $\zeta k_B/I$  is very large, and consequently the temperature difference  $T_L - T$  is very small. For example, in the  $F_1$  rotation experiments, an actin filament is attached to the rotating  $\gamma$  shaft of  $F_1$  motor to visualize the rotation [15]. For a 1- $\mu\text{m}$  actin filament rotating around one end,  $\zeta k_B/I = 1.58 \times 10^{11} \text{ pN nm s}^{-1} \text{ K}^{-1}$ . Although  $\dot{W}_M$  may exceed  $r(-\Delta G_C)$ , generally  $\dot{W}_M$  is of the same order as  $r(-\Delta G_C)$ . At physiological conditions,  $-\Delta G_C$  of ATP hydrolysis cycle is 80 ~ 90 pN nm/s [24]. When the  $F_1$  motor is driving a 1- $\mu\text{m}$  actin filament at saturated ATP concentrations, the hydrolysis activity is about 20 ATP/s [15]. That corresponds to a free-energy consumption rate of < 2000 pN nm/s. Even if  $\dot{W}_M$  is 10 times the free-energy consumption rate (which is very unlikely), the temperature difference between the load and the surrounding fluid is still very small:

$$T_L - T = \frac{\dot{W}_M}{(\zeta k_B/I)} < 3.8 \times 10^{-5} \text{ K}. \quad (11)$$

To estimate  $\dot{W}_M$  from the temperature difference  $T_L - T$  requires measuring the temperature difference with an accuracy of at least  $10^{-5}$  K.

The second problem with using  $\dot{W}_M$  is that it is a quantity averaged over long time (or over a large ensemble). If a motor has a 100% or more power-stroke component, it implies that the amount of work done on the load in one reaction cycle by the motor torque exceeds the free-energy consumption. However, it does not tell us whether the work is done uniformly over one motor step or only in a certain fraction of a motor step. If the work is done nearly uniformly over one motor step, as in the example shown in Fig. 2a, then the load is directly driven by the motor torque over the entire motor step. If the work is done only during a small fraction of a motor step, then the load is directly driven by the motor torque only during that fraction of the motor step. For the rest of the motor step, the load depends on thermal fluctuations to carry it forward. Therefore, a motor with 100% or more power-stroke component does not necessarily mean that the motor torque directly drives the load forward over the entire duration of each motor step.

To remedy these two defects, we consider an alternative definition of power stroke and ratchet based on the effective driving potential of the motor, which is a measurable quantity.

## 3 The effective driving potential

We first consider a simplified version of (3). Because molecular motors operate in the high-friction limit, we may ignore the inertial term if the instantaneous velocity of the motor is not sought. When the inertia term is omitted, the Langevin (1) reduces to

$$\zeta \frac{d\theta}{dt} = -\phi'_S(\theta) + \tau + \tau_B(t). \quad (12)$$

(2) stays the same. The corresponding Fokker-Planck equation is

$$\frac{\partial \varrho_j}{\partial t} = D \frac{\partial}{\partial \theta} \left[ \frac{\phi'_j - \tau}{k_B T} \varrho_j + \frac{\partial \varrho_j}{\partial \theta} \right] + \sum_{i=1}^N k_{ij} \varrho_i, \quad j = 1, 2, \dots, N. \quad (13)$$

Consider the steady-state solution of (13). Summing over all the chemical states,  $j$ , and letting  $\varrho = \sum_{j=1}^N \varrho_j$ , we obtain:

$$0 = D \frac{\partial}{\partial \theta} \left[ \frac{\psi' - \tau}{k_B T} \varrho + \frac{\partial \varrho}{\partial \theta} \right], \quad \psi' = \sum_{j=1}^N \phi'_j \frac{\varrho_j}{\varrho}. \quad (14)$$

(14) shows that the probability density  $\varrho$  behaves as if the motor is driven by a potential,  $\psi$ . For this reason, we define  $\psi$  as the effective driving potential (EDP) of the motor.

Because both  $\phi'_j$  and  $\varrho_j$  are periodic,  $\psi'$  is periodic and  $\psi$  can be written as

$$\psi(\theta) = \phi(\theta) - \frac{\Delta\psi(\Theta)}{\Theta} \theta, \quad \Delta\psi(\Theta) = \psi(0) - \psi(\Theta). \quad (15)$$

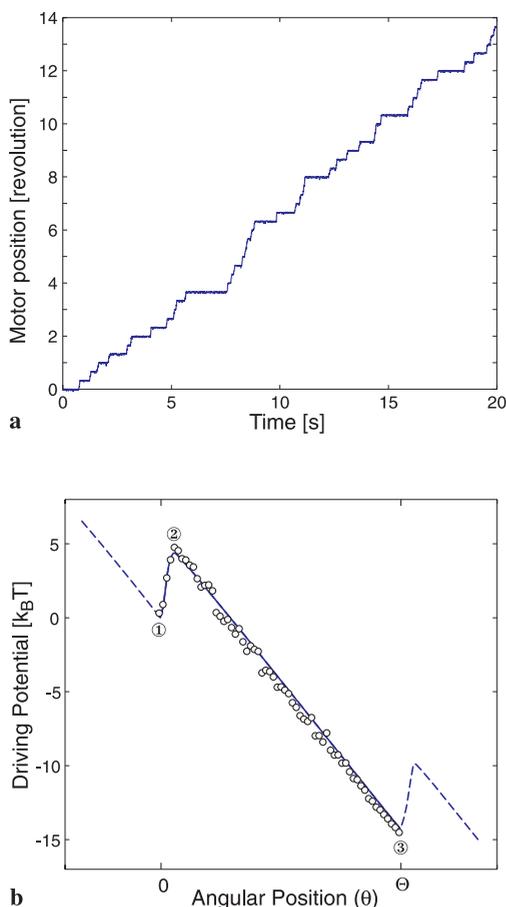
Here  $\phi(\theta)$  is a periodic function with period equal to the motor step,  $\Theta$ .  $\Delta\psi(\Theta)$  can be viewed as the effective driving energy per motor step. In Appendix A we show that the effective driving energy per motor step is bounded by the free-energy consumption per motor step:

$$\Delta\psi(\Theta) \leq \frac{\Theta}{\langle \omega \rangle} r(-\Delta G_C). \quad (16)$$

Inequality (16) is not a trivial statement: consider the fact shown above that the work done by the motor torque can exceed the free-energy consumption!

### 3.1 An example of how to use the EDP

Because  $\phi_j$  and  $\varrho_j$  are not readily observable in experiments, the definition does not provide us a practical way to estimate the EDP. However, if enough data are collected,  $\varrho$  can be estimated. Then the EDP  $\psi$  can be constructed from  $\varrho$  using (14). In Appendix B, we give a prescription for constructing  $\psi$  from a time series of motor positions. Here we illustrate the method described in Appendix B. Because there is no published data sequence of motor positions available for real motors, we use the hypothetical motor system shown in Fig. 2a as an example. To generate a sequence of motor positions, we run a Langevin simulation of (12) and (2) with the potentials shown in Fig. 2a. In the simulation, we use  $\Theta = 2\pi/3$ ,  $\tau = 0$ , and  $D = 4 \text{ rad}^2/\text{s}$ , which corres-



**FIGURE 3** **a** A sequence of 5000 motor positions over a time period of 20 s generated in a Langevin simulation of the system shown in Fig. 2a. **b** The exact EDP (lines) and the reconstructed EDP (hollow circles). The simulated sequence of motor positions shown in (a) is used as ‘data’ to reconstruct the EDP. The exact EDP is obtained by solving the Fokker–Planck equation (13)

ponds to the diffusion constant of a 1- $\mu\text{m}$  actin filament rotating around one end (see Fig. 1a). A sequence of 5000 motor positions in a time period of 20 s is shown in Fig. 3a. We use this sequence as ‘data’ and apply the method described in Appendix B to reconstruct the EDP. Both the exact EDP computed from (14) and the reconstructed EDP are shown in Fig. 3b. The reconstructed EDP agrees with the exact one very well.

The hypothetical system in Fig. 2a can be viewed as an over-simplified model for the  $F_1$  motor at low ATP concentration [12]. The motion  $\textcircled{2} \rightarrow \textcircled{3}$  down the potential represents the ATP binding transition that drives the rotation of the  $\gamma$  shaft. The transition  $\textcircled{1} \rightarrow \textcircled{2}$  represents several chemical reaction steps including hydrolysis, product release and the diffusion of the next ATP into the catalytic site. The free-energy change associated with the transition  $\textcircled{1} \rightarrow \textcircled{2}$  is affected by the ATP concentration in solution. When the ATP concentration is low, the diffusion of an ATP into the catalytic site is entropically unfavorable, and the dwell time of the motor near  $\textcircled{1}$  increases because it takes longer to capture the next ATP from solution. Thus the motor sees a free-energy barrier near  $\textcircled{1}$ . This is reflected in the EDP shown in Fig. 1b, which has an energy barrier followed by a downhill slope.

### 3.2 Distinguishing between power stroke and ratchet, based on the effective driving potential

The distinction between power stroke and ratchet based on the EDP is not exactly the same as the distinction based on the work done on the load by the motor torque discussed in Sect. 2. The EDP is an average of  $N$  driving potentials corresponding to  $N$  chemical states. In the process of averaging, information about the work done on the load by the motor torque is lost. Similarly, information about the precise role of thermal excitations is also lost. This can be illustrated by looking at the EDP in Fig. 3b. The potential shows an energy barrier followed by a downhill slope. The downhill slope can be viewed as a power stroke by the motor torque. However, the uphill energy barrier could be attributed to two possible factors:

1. It may be a barrier on the driving potential associated with one chemical state. To surmount it, the load has to capture large thermal fluctuations. In the process of the load fluctuating up the barrier, the work done on the load by the motor torque is negative.
2. It may be an energy barrier in one step of the chemical reaction. It could be either an enthalpic activation barrier in the catalytic step, or an entropic barrier caused by the low concentrations of reactants diffusing into catalytic sites. An enthalpic activation barrier is overcome by the thermal energy captured at the catalytic sites. An entropic barrier is overcome by the random diffusion of the reactants to the catalytic site. In either case, in the process of overcoming a barrier in the chemical reaction, the work done on the load by the motor torque is zero. This is the case for the hypothetical motor system shown in Fig. 2a.

Therefore, by looking at the EDP alone, it is not possible to tell where the thermal energy is absorbed and in what way it is used to overcome the barrier. Nevertheless, from the EDP we can deduce which part of the motor step is driven by the motor torque and which part depends on thermal excitations. For the EDP shown in Fig. 3b,  $\textcircled{1} \rightarrow \textcircled{2}$  depends on thermal excitations, and  $\textcircled{2} \rightarrow \textcircled{3}$  is driven by a power stroke.

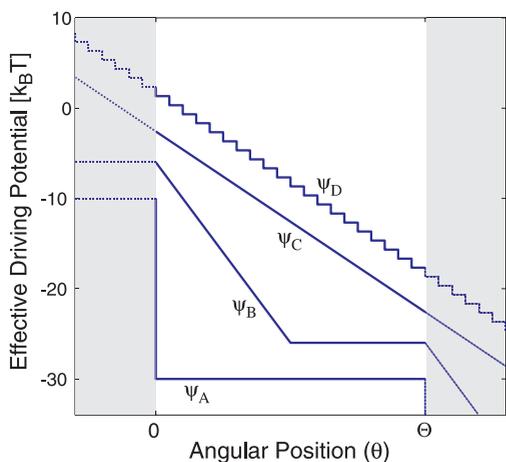
For an EDP  $\psi$ , we consider a constant-torque power stroke that has the same effective driving energy per step as  $\psi$ :  $\tau_\psi = \Delta\psi(\Theta)/\Theta$ . This constant-torque power stroke is the most efficient way to utilize the energy to drive the load [27]. At each position,  $\theta$ , we compare  $\psi'(\theta)$  with  $\tau_\psi$ , and define the relative contributions of the power stroke and thermal excitations as follows:

$$C_{\text{PS}}(\theta) \equiv \max\left(\min\left(\frac{-\psi'(\theta)}{\tau_\psi}, 1\right), 0\right),$$

$$C_{\text{PS}} \equiv \frac{1}{\Theta} \int_0^\Theta C_{\text{PS}}(\theta) d\theta,$$

$$C_{\text{TE}} \equiv 1 - C_{\text{PS}}.$$

Figure 4 shows various driving potentials and the corresponding values of  $C_{\text{PS}}$  and  $C_{\text{TE}}$ . The potential  $\psi_{\text{D}}$  consists of a series of small steps; each small step has a free-energy change of the order of  $k_{\text{B}}T$ . If we align potentials  $\psi_{\text{C}}$  and  $\psi_{\text{D}}$ , they are close to one another on a free-energy scale much larger than  $k_{\text{B}}T$ , although  $\psi_{\text{C}}$  is a power stroke and  $\psi_{\text{D}}$  is a ratchet. It may



**FIGURE 4** Various driving potentials and corresponding values of  $C_{PS}$  and  $C_{TE}$ . For  $\psi_A$ ,  $C_{PS} = 0$  and  $C_{TE} = 100\%$ : the entire motor step is driven by thermal excitations. For  $\psi_B$ ,  $C_{PS} = 50\%$  and  $C_{TE} = 50\%$ : half of the motor step is driven by a power stroke, the other half is driven by thermal excitations. For  $\psi_C$ ,  $C_{PS} = 100\%$  and  $C_{TE} = 0$ : the entire motor step is driven by a power stroke. For  $\psi_D$ ,  $C_{PS} = 0\%$  and  $C_{TE} = 100\%$ : the entire motor step is driven by thermal excitations. However,  $\psi_D$  has the same phenomenological behavior as  $\psi_A$  (see the text for more discussion of  $\psi_A$  and  $\psi_D$ )

be possible – but not easy – to distinguish between  $\psi_C$  and  $\psi_D$ . There are two difficulties. First, the difference between  $\psi_C$  and  $\psi_D$  is small. To distinguish between  $\psi_C$  and  $\psi_D$ , we need to reconstruct  $\psi_C$  and  $\psi_D$  with high accuracy, which requires a very large collection of accurately measured data. Second, even if  $\psi_D$  is the motor driving potential, the EDP accurately reconstructed from the load positions may be virtually the same as  $\psi_C$  because the protein elasticity between the motor and the load can easily smooth out small unevenness on the potential [28]. Therefore, it is probably fruitless to try and distinguish  $\psi_C$  from  $\psi_D$ . Instead, we can consider distinguishing between potentials  $\psi_A$  and  $\psi_D$ . Both are ratchets, but they are very different.  $\psi_A$  has a large free-energy change associated with each step, whereas  $\psi_D$  has a small step size and a small free-energy change associated with each step. Thus  $\psi_A$  drives the load by rectifying infrequent large fluctuations whereas  $\psi_D$  drives the load by slightly biasing frequent small fluctuations. When driven by  $\psi_A$ , once the load fluctuates beyond one step, the probability of going backwards is extremely small because of the large free-energy drop associated with each step in  $\psi_A$ . When driven by  $\psi_D$ , the load can fluctuate forward and backwards. Because the free-energy change associated with each step is of the order of  $k_B T$ , the probability of going backwards is only slightly smaller than that of going forward. Thus,  $\psi_D$  does not prevent the load from going backwards at all. On the other hand, because of the small step size, the frequency of fluctuating one step forward is high. That is why we say  $\psi_D$  drives the load by slightly biasing frequent small fluctuations. Therefore, it is more meaningful to distinguish between ratchets that rectify infrequent large fluctuations and ratchets that slightly bias frequent small fluctuations. The latter have the same phenomenological behavior as power strokes.

#### 4 Conclusions

Roughly speaking, a ratchet is a motor that is driven directly by thermal fluctuations. The chemical reaction in

a ratchet motor does not contribute directly to the motor motion. Instead, it rectifies or biases the forward fluctuations. However, a precise definition of ratchets depends on how one measures the contribution of thermal fluctuations. In this paper, two definitions are considered. The first definition (discussed in Sect. 2) is based on the amount of work done per motor step by the motor torque. Because the work done by the stochastic motor torque is not directly measurable in experiments, this definition is meaningful only if we know the details of the motor mechanism. The second definition (discussed in Sect. 3) is based on the fraction of a motor step that depends on thermal excitations. We formulated a procedure for reconstructing an effective driving potential for a molecular motor from experimental data. Because the effective driving potential involves averaging over all chemical states, the information about the work done on the load by the motor torque is lost. However, the effective driving potential can be used to determine what portion of the motor step is driven by thermal excitations. This leads to a phenomenological distinction between a Brownian ratchet and a power stroke. This phenomenological distinction depends on the free-energy scale being considered and the possible experimental measurements. In particular, ratchets that slightly bias frequent small fluctuations are phenomenologically indistinguishable from power strokes. On the other hand, ratchets that rectify infrequent large fluctuations are very different from power strokes. In light of our analysis, we suggest that it is useful to distinguish between these two very different kinds of ratchets.

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## Appendices

### Appendix A Proof of inequality (16)

Here we present the mathematical proof leading to inequality (16). First we rewrite (13) in a slightly different form:

$$\begin{aligned} \frac{\partial Q_j}{\partial t} &= -\frac{\partial J_j}{\partial \theta} + I_{j-1/2} - I_{j+1/2}, \quad j = 1, 2, \dots, N \quad (\text{A.1}) \\ J_j &= -D \left[ \frac{\phi'_j Q_j}{k_B T} - \frac{\tau Q_j}{k_B T} + \frac{\partial Q_j}{\partial \theta} \right] = -D Q_j \left( F'_j - \frac{\tau}{k_B T} \right), \\ F_j &= \frac{\phi_j}{k_B T} + \ln(Q_j) \\ I_{j+1/2} &= Q_j k_{j \rightarrow j+1} - Q_{j+1} k_{j+1 \rightarrow j}. \end{aligned} \quad (\text{A.2})$$

Here,  $J_j$  is the probability flux density in the  $\theta$  direction for the  $j$ -th state, and  $I_{j+1/2}$  is the probability flux density in the chemical reaction direction from state  $j$  to state  $j+1$ . The transition rates  $k_{j \rightarrow j+1}$  and  $k_{j+1 \rightarrow j}$  satisfy detailed balance at equilibrium:

$$\frac{k_{j \rightarrow j+1}(\theta)}{k_{j+1 \rightarrow j}(\theta)} = \exp \left( \frac{\phi_j(\theta) - \phi_{j+1}(\theta)}{k_B T} \right). \quad (\text{A.3})$$

Since the motor operates in a chemical and mechanical cycle, the boundary conditions for (A.1) are periodic in both

coordinates:

$$\begin{aligned}\phi_j(\theta + \Theta, t) &= \phi_j(\theta, t), \quad \varrho_j(\theta + \Theta, t) = \varrho_j(\theta, t) \\ \phi_{N+j} &= \phi_j + \Delta G_C, \quad \varrho_{N+j} = \varrho_j.\end{aligned}\quad (\text{A.4})$$

We consider the steady state of (A.1). The average velocity is given by  $\langle \omega \rangle = \Theta \left( \sum_{j=1}^N J_j \right)$ . The effective driving energy per motor step is

$$\Delta \psi(\Theta) = - \int_0^\Theta \frac{1}{\varrho} \sum_{j=1}^N \phi'_j \varrho_j d\theta = \frac{k_B T}{D} \int_0^\Theta \frac{1}{\varrho} \sum_{j=1}^N J_j d\theta - \tau \Theta. \quad (\text{A.5})$$

At the steady state  $\sum_{j=1}^N J_j$  is independent of  $\theta$ : therefore,  $\langle \omega \rangle \Delta \psi(\Theta)$  can be expressed as

$$\langle \omega \rangle \Delta \psi(\Theta) = \frac{\Theta k_B T}{D} \int_0^\Theta \frac{1}{\varrho} \left( \sum_{j=1}^N J_j \right)^2 d\theta - \langle \omega \rangle \tau \Theta. \quad (\text{A.6})$$

Applying the Cauchy–Schwarz inequality to  $\sum_{j=1}^N J_j = \sum_{j=1}^N \left[ \varrho_j^{1/2} \cdot \varrho_j^{1/2} D \left( F'_j - \tau/k_B T \right) \right]$ , we obtain

$$\begin{aligned}\frac{1}{\varrho} \left( \sum_{j=1}^N J_j \right)^2 &\leq \sum_{j=1}^N \varrho_j D^2 \left( F'_j - \frac{\tau}{k_B T} \right)^2 \\ &\equiv -D \sum_{j=1}^N J_j \left( F'_j - \frac{\tau}{k_B T} \right).\end{aligned}\quad (\text{A.7})$$

Integrating by parts and using (A.1), then summing by parts and using (A.4), we have

$$\begin{aligned}\int_0^\Theta \frac{1}{\varrho} \left( \sum_{j=1}^N J_j \right)^2 d\theta &\leq D \int_0^\Theta \sum_{j=1}^N F_j J'_j d\theta + D \int_0^\Theta \sum_{j=1}^N J_j \frac{\tau}{k_B T} d\theta \\ &= D \int_0^\Theta \sum_{j=1}^N F_j (I_{j-1/2} - I_{j+1/2}) d\theta \\ &\quad + \frac{D \langle \omega \rangle \tau}{k_B T} \\ &= D \int_0^\Theta \sum_{j=1}^N I_{j-1/2} (F_j - F_{j-1}) d\theta \\ &\quad + \frac{D(-\Delta G_C)}{k_B T} \int_0^\Theta I_{1/2} d\theta + \frac{D \langle \omega \rangle \tau}{k_B T}.\end{aligned}\quad (\text{A.8})$$

The first integral on the right side of (A.8) is negative:

$$\begin{aligned}I_{j-1/2} (F_j - F_{j-1}) &= \varrho_{j-1} k_{j-1 \rightarrow j} (1 - G) \ln(G) \leq 0, \\ G &= \frac{\varrho_j}{\varrho_{j-1}} \exp \left( \frac{\phi_j - \phi_{j-1}}{k_B T} \right).\end{aligned}$$

The second integral is the chemical reaction rate  $r$ . Thus, (A.8) becomes

$$\int_0^\Theta \frac{1}{\varrho} \left( \sum_{j=1}^N J_j \right)^2 d\theta \leq \frac{D(-\Delta G_C)}{k_B T} r + \frac{D \langle \omega \rangle \tau}{k_B T}. \quad (\text{A.9})$$

Combining (A.6) and (A.9) yields

$$\langle \omega \rangle \Delta \psi(\Theta) \leq \Theta r (-\Delta G_C), \quad (\text{A.10})$$

which leads to inequality (16).

## Appendix B Constructing the effective driving potential (EDP)

Here we discuss the method for constructing the EDP from a time series of motor positions.

Suppose in experiments we record a sequence of times and motor positions  $\{(t_i, \theta_i), i = 1, 2, \dots, M\}$ . These could be the motor positions at equally spaced times or at random times. First, the average angular velocity of the motor is estimated as

$$\langle \omega \rangle \approx \frac{\theta_M - \theta_1}{t_M - t_1}. \quad (\text{B.1})$$

Then we shift each  $\theta_i$  by an integral multiple of  $\Theta$  into the internal  $[0, \Theta]$ , where  $\Theta$  is the motor step size. The resulting sequence  $\{\theta_i, i = 1, 2, \dots, M\}$  represents the probability density distribution of the motor position. Let us divide  $[0, \Theta]$  into  $n$  bins of equal size  $\Delta\theta = \Theta/n$ . Let  $m_k$  be the number of motor positions in the sequence that fall in the  $k$ -th bin  $[(k-1)\Delta\theta, k\Delta\theta]$ . Let  $p_k$  be the probability that the motor position is in the  $k$ -th bin.  $m_k/M$  is a good approximation for  $p_k$  if the sequence contains enough samples.

$$p_k \approx \frac{m_k}{M}. \quad (\text{B.2})$$

To reconstruct  $\psi$ , we discretize the Fokker–Planck (14) as a Markov chain [20, 21]:

$$\frac{\langle \omega \rangle}{\Theta} = p_k F_k - p_{k+1} B_k, \quad k = 1, 2, \dots, n. \quad (\text{B.3})$$

The forward ( $F_k$ ) and backwards ( $B_k$ ) transition rates are given by

$$F_k = \frac{D}{(\Delta\theta)^2} \frac{\alpha_k}{\exp(\alpha_k) - 1}, \quad B_k = \frac{D}{(\Delta\theta)^2} \frac{-\alpha_k}{\exp(-\alpha_k) - 1}, \quad (\text{B.4})$$

where

$$\begin{aligned}\alpha_k &= \frac{(\Delta\psi)_k - \tau \Delta\theta}{k_B T}, \\ (\Delta\psi)_k &= \psi \left( \left( k + \frac{1}{2} \right) \Delta\theta \right) - \psi \left( \left( k - \frac{1}{2} \right) \Delta\theta \right).\end{aligned}\quad (\text{B.5})$$

This discretization is second-order accurate when  $\psi$  is smooth. More importantly, it preserves detailed balance: this

ensures that the scheme behaves well even if  $\psi$  has sharp jumps.

Once we know  $\langle \omega \rangle$  and  $p_k$ , we can numerically solve for  $(\Delta\psi)_k$  using (B.3), (B.4) and (B.5) for  $k = 1, 2, \dots, n$ . From this the EDP  $\psi$  is constructed:

$$\psi \left( \left( k + \frac{1}{2} \right) \Delta\theta \right) = \sum_{j=1}^k (\Delta\psi)_j, \quad k = 1, 2, \dots, n. \quad (\text{B.6})$$

Because the potential is only determined up to a constant, here we have set  $\psi(\Delta\theta/2) = 0$ .

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