Case Study: *In-home geriatric assessment (IHGA)*. In an experiment conducted in the 1980s (Hendriksen et al. 1984), 572 elderly people living in a number of villages in Denmark were randomized, 287 to a control \((C)\) group (who received standard care) and 285 to an experimental \((E)\) group (who received standard care plus IHGA: a kind of preventive medicine in which each person’s medical and social needs were assessed and acted upon individually).

One important outcome was the number of hospitalizations during the two-year life of the study (Table 4.1).

Table 4.1. Distribution of number of hospitalizations in the IHGA study over a two-year period.

<table>
<thead>
<tr>
<th>Group</th>
<th>Number of Hospitalizations</th>
<th>n</th>
<th>Mean</th>
<th>SD</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Control</td>
<td>138</td>
<td>77</td>
<td>46</td>
<td>12</td>
</tr>
<tr>
<td>Experimental</td>
<td>147</td>
<td>83</td>
<td>37</td>
<td>13</td>
</tr>
<tr>
<td></td>
<td>n</td>
<td>Mean</td>
<td>SD</td>
<td></td>
</tr>
<tr>
<td>Control</td>
<td>287</td>
<td>0.944</td>
<td>1.24</td>
<td></td>
</tr>
<tr>
<td>Experimental</td>
<td>285</td>
<td>0.768</td>
<td>1.01</td>
<td></td>
</tr>
</tbody>
</table>

Evidently IHGA lowered the mean hospitalization rate (for these elderly Danish people, at least) by \((0.944 - 0.768) = 0.176\), which is about a \(100 \left( \frac{0.768 - 0.944}{0.944} \right) = 19\%\) reduction from the control level, a difference that’s large in clinical terms.
Modeling the IHGA Data

An off-the-shelf analysis of this experiment might pretend (Model 0) that the data are Gaussian,

\[
(C_i | \mu_C, \sigma_C^2) \overset{\text{IID}}{\sim} N \left( \mu_C, \sigma_C^2 \right), i = 1, \ldots, n_C, \\
(E_j | \mu_E, \sigma_E^2) \overset{\text{IID}}{\sim} N \left( \mu_E, \sigma_E^2 \right), j = 1, \ldots, n_E, \tag{35}
\]

and use the ordinary frequentist two-independent-samples “z-machinery”:

```r
rosalind 15> R

R : Copyright 2001, The R Development Core Team
Version 1.2.1 (2001-01-15)

> C <- c( rep( 0, 138 ), rep( 1, 77 ), rep( 2, 46 ),
>         rep( 3, 12 ), rep( 4, 8 ), rep( 5, 4 ), rep( 7, 2 ) )

> print( n.C <- length( C ) )

[1] 287 # sample size in the control group

> mean( C )

[1] 0.9442509 # control group mean

> sqrt( var( C ) )

[1] 1.239089 # control group standard deviation (SD)

> table( C )

   0  1  2  3  4  5  7
138 77 46 12  8  4  2 # frequency distribution
```
Analysis of Model 0

```r
> E <- c( rep( 0, 147 ), rep( 1, 83 ), rep( 2, 37 ),
> rep( 3, 13 ),rep( 4, 3 ), rep( 5, 1 ), rep( 6, 1 ) )

> print( n.E <- length( E ) )
[1] 285 # sample size in the
# experimental group

> mean( E )
[1] 0.7684211 # experimental group mean

> sqrt( var( E ) )
[1] 1.008268 # experimental group SD

> table( E )

       0  1  2  3  4  5  6 # experimental group
     147 83 37 13  3  1  1 # frequency distribution

> print( effect <- mean( E ) - mean( C ) )
[1] -0.1758298 # mean difference ( E - C )

> effect / mean( C )
[1] -0.1862109 # relative difference ( E - C ) / C

> SE.effect <- sqrt( var( C ) / n.C + var( E ) / n.E )
[1] 0.09442807 # standard error of the difference

> print( CI <- c( effect - 1.96 * SE.effect,
>                 effect + 1.96 * SE.effect ) )

[1] -0.3609 0.009249 # the 95% confidence interval from
# model 0 runs from -.36 to +.01
```
Deficiencies of Model 0

The frequentist analysis of Model 0 is equivalent to a Bayesian analysis of the same model with **diffuse priors** on the control and experimental group means and SDs \((\mu_C, \sigma_C, \mu_E, \sigma_E)\), and is summarized in Table 4.2.

**Table 4.2.** Summary of analysis of Model 0.

<table>
<thead>
<tr>
<th>Treatment effect ((\mu_E - \mu_C))</th>
<th>Posterior Mean</th>
<th>SD</th>
<th>95% Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>-0.176</td>
<td>0.0944</td>
<td>(-0.361, 0.009)</td>
</tr>
</tbody>
</table>

However, both distributions have long right-hand tails; in fact they look rather **Poisson**.

**Figure 4.1.** Histograms of control and experimental numbers of hospitalizations.
4.1.1 Poisson Fixed-Effects Modeling

R code to make the histograms:

```r
> x11( )  # to open a graphics window
> par( mfrow = c( 1, 2 ) )  # to plot two histograms

> hist( C, nclass = 8, probability = T,
      xlab = 'Days Hospitalized', ylab = 'Density',
      xlim = c( 0, 7 ), ylim = c( 0, 0.8 ) )

> text( 4, 0.4, 'Control' )

> hist( E, nclass = 8, probability = T,
      xlab = 'Days Hospitalized', ylab = 'Density',
      xlim = c( 0, 7 ), ylim = c( 0, 0.8 ) )

> text( 4, 0.4, 'Experimental' )
```

So I **created** a classicBUGS file called poisson1.bug that looked like this:

```r
model poisson1;

const

    n.C = 287, n.E = 285;

var

    lambda.C, lambda.E, C[ n.C ], E[ n.E ], effect;

data C in "poisson-C.dat", E in "poisson-E.dat";

inits in "poisson1.in";
```
Initial Poisson Modeling (continued)

\{
    lambda.C ~ dgamma( 0.001, 0.001 );
    lambda.E ~ dgamma( 0.001, 0.001 );

    for ( i in 1:n.C ) {
        C[ i ] ~ dpois( lambda.C );
    }

    for ( j in 1:n.E ) {
        E[ j ] ~ dpois( lambda.E );
    }

    effect <- lambda.E - lambda.C;
\}

poisson1.in initializes both $\lambda_C$ and $\lambda_E$ to 1.0; the $\Gamma(0.001, 0.001)$ priors for $\lambda_C$ and $\lambda_E$ are chosen (as usual to create diffuseness) to be flat in the region in which the likelihood is appreciable:

\[
> \sqrt{ \text{var}( C ) / n.C }
\]

[1] 0.07314114

\[
> \sqrt{ \text{var}( E ) / n.E }
\]

[1] 0.05972466

\[
> c( \text{mean}( C ) - 3.0 * \sqrt{ \text{var}( C ) / n.C }),
    \text{mean}( C ) + 3.0 * \sqrt{ \text{var}( C ) / n.C } )
\]
Initial Poisson Modeling (continued)

> c( mean( E ) - 3.0 * sqrt( var( E ) / n.E ),
    mean( E ) + 3.0 * sqrt( var( E ) / n.E ) )

[1] 0.5892471 0.9475950

> lambda.grid <- seq( 0.01, 2.0, 0.01 )

> plot( lambda.grid, 0.001 * dgamma( lambda.grid, 0.001 ),
    type = 'l', xlab = 'Lambda', ylab = 'Density' )

The likelihood under the Gaussian model is concentrated for $\lambda_C$ from about 0.7 to 1.2, and that for $\lambda_E$ from about 0.6 to 1; you can see from the plot that across those ranges the $\Gamma(0.001, 0.001)$ prior is essentially constant.

Figure 4.2. The $\Gamma(0.001, 0.001)$ distribution in the region in which the likelihoods for $\lambda_C$ and $\lambda_E$ are appreciable.
The **screendump** above presents part of the results of fitting the **2-independent-samples additive Poisson model** at the top of page 8 in WinBUGS.

A burn-in of 2,000 was almost **instantaneous** at **2.0 PC GHz** and revealed **good mixing** for the three main quantities of interest.
A monitoring run of 8,000 reveals that the effect parameter in the 2-independent-samples Poisson model is behaving like white noise, so that already with only 8,000 iterations the posterior mean has a Monte Carlo standard error of less than 0.001.
Initial Poisson Modeling (continued)

Thus a burn-in of 2,000 and a monitoring run of 8,000 yields **good MCMC diagnostics** and permits a comparison between model 0 (Gaussian) and model 1 (Poisson), as in Table 4.3.

*Table 4.3. Comparison of inferential conclusions from models 0 and 1.*

<table>
<thead>
<tr>
<th>Model</th>
<th>Posterior Mean</th>
<th>Posterior SD</th>
<th>Central 95% Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gaussian</td>
<td>0.944</td>
<td>0.0731</td>
<td>(0.801, 1.09)</td>
</tr>
<tr>
<td>Poisson</td>
<td>0.943</td>
<td>0.0577</td>
<td>(0.832, 1.06)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Model</th>
<th>Posterior Mean</th>
<th>Posterior SD</th>
<th>Central 95% Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gaussian</td>
<td>0.768</td>
<td>0.0597</td>
<td>(0.651, 0.885)</td>
</tr>
<tr>
<td>Poisson</td>
<td>0.769</td>
<td>0.0521</td>
<td>(0.671, 0.875)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Model</th>
<th>Posterior Mean</th>
<th>Posterior SD</th>
<th>Central 95% Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gaussian</td>
<td>-0.176</td>
<td>0.0944</td>
<td>(−0.361, 0.009)</td>
</tr>
<tr>
<td>Poisson</td>
<td>-0.174</td>
<td>0.0774</td>
<td>(−0.325, −0.024)</td>
</tr>
</tbody>
</table>

The two models produce **almost identical point estimates**, but the Poisson model leads to **sharper inferences** (e.g., the posterior SD for the treatment effect \( \Delta = \lambda_E - \lambda_C \) is 22% larger in model 0 than in model 1).
Additive and Multiplicative Treatment Effects

This is the same point we noticed with the NB10 data—when a location parameter is the only thing at issue, the Gaussian is a conservative modeling choice (intuitively, the Poisson gains its “extra accuracy” from the variance and the mean being equal, which permits second-moment information to help in estimating the $\lambda$ values along with the usual first-moment information).

Both the Gaussian and Poisson models so far implicitly assume that the treatment effect is additive:

$$E \overset{\text{st}}{=} C + \text{effect},$$

(36)

where $\overset{\text{st}}{=}$ means is stochastically equal to; in other words, apart from random variation the effect of the IHGA is to add or subtract a constant to or from each person’s underlying rate of hospitalization.

However, since the outcome variable is non-negative, it is plausible that a better model for the data is

$$E \overset{\text{st}}{=} (1 + \text{effect}) C.$$

(37)
Additive vs. Multiplicative Effect

Here the treatment effect is **multiplicative**—in other words, apart from random variation the effect of the IHGA is to **multiply** each person’s underlying rate of hospitalization by a constant above or below 1.

A **qqplot** of the control and experimental outcome values can in some cases be helpful in choosing between additive and multiplicative models:

```r
> CEqq <- qqplot( C, E, plot = F )
> table( CEqq$y, CEqq$x )
```

<table>
<thead>
<tr>
<th>Interpolated C values</th>
<th>0</th>
<th>0.965</th>
<th>1</th>
<th>1.5</th>
<th>2</th>
<th>2.82</th>
<th>3</th>
<th>3.91</th>
<th>4</th>
<th>4.96</th>
<th>5</th>
<th>6.99</th>
<th>7</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>137</td>
<td>1</td>
<td>9</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>1</td>
<td>0</td>
<td>0</td>
<td>66</td>
<td>1</td>
<td>16</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>2</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>29</td>
<td>1</td>
<td>7</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>E</td>
<td>3</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>4</td>
<td>1</td>
<td>7</td>
<td>1</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>4</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>3</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>5</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>6</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>0</td>
</tr>
</tbody>
</table>

```r
> symbols( c( 0, 0.964798, 1, 1, 1.5, 2, 2, 2.823944, 3, 3, 3.908447, 4, 4.964813, 5, 6.985962, 7 ), c( rep( 0, 3 ), rep( 1, 3 ), rep( 2, 3 ), rep( 3, 4 ), 4, 5, 6 ), circles = c( 137, 1, 9, 66, 1, 16, 29, 1, 7, 4, 1, 7, 1, 3, 1, 1 ), xlab = 'C', ylab = 'E' )
```
Additive vs. Multiplicative Effect

> abline( 0, 1 )  # E = C (no effect)
> abline( 0, 0.793, lty = 2 )  # E = 0.816 C
# (multiplicative)
> abline( -0.174, 1, lty = 3 )  # E = C - 0.174 (additive)

Figure 4.3. QQplot of $E$ versus $C$ values, with the radii of the plotted circles proportional to the number of observations at the indicated point. The solid line corresponds to no treatment effect, the small dotted line to the best-fitting multiplicative model ($E_{\text{st}} = 0.816 C$), and the large dotted line to the best-fitting additive model ($E_{\text{st}} = C - 0.174$).

Here, because the Poisson model has only one parameter for both location and scale, the multiplicative and additive formulations fit equally well, but the multiplicative model generalizes more readily (see below).
A Multiplicative Poisson Model

A simple way to write the multiplicative model is to re-express the data in the form of a regression of the outcome $y$ on a dummy variable $x$ which is 1 if the person was in the experimental group and 0 if he/she was in the control group:

<table>
<thead>
<tr>
<th>$i$</th>
<th>1</th>
<th>2</th>
<th>...</th>
<th>287</th>
<th>288</th>
<th>289</th>
<th>...</th>
<th>572</th>
</tr>
</thead>
<tbody>
<tr>
<td>$x_i$</td>
<td>0</td>
<td>0</td>
<td>...</td>
<td>0</td>
<td>1</td>
<td>1</td>
<td>...</td>
<td>1</td>
</tr>
<tr>
<td>$y_i$</td>
<td>1</td>
<td>0</td>
<td>...</td>
<td>2</td>
<td>0</td>
<td>3</td>
<td>...</td>
<td>1</td>
</tr>
</tbody>
</table>

Then for $i = 1, \ldots, n = 572$ the multiplicative model can be written

\[
(y_i | \lambda_i) \overset{\text{indep}}{\sim} \text{Poisson}(\lambda_i)
\]

\[
\log(\lambda_i) = \gamma_0 + \gamma_1 x_i
\]

\[
(\gamma_0, \gamma_1) \sim \text{diffuse}
\]

In this model the control people have

\[
\log(\lambda_i) = \gamma_0 + \gamma_1(0) = \gamma_0, \quad \text{i.e.,} \quad \lambda_C = e^{\gamma_0},
\]

and the experimental people have

\[
\log(\lambda_i) = \gamma_0 + \gamma_1(1) = \gamma_0 + \gamma_1, \quad \text{i.e.,} \quad \\
\lambda_E = e^{\gamma_0+\gamma_1} = e^{\gamma_0}e^{\gamma_1} = \lambda_Ce^{\gamma_1}.
\]

Now you may remember from basic Taylor series that for $\gamma_1$ not too far from 0

\[
e^{\gamma_1} \approx 1 + \gamma_1,
\]
A Multiplicative Poisson Model

so that finally (for $\gamma_1$ fairly near 0)

$$\lambda_E = (1 + \gamma_1) \lambda_C,$$

which is a way of expressing equation (3) in Poisson language.

Fitting this model in BUGS is easy:

```r
model poisson2;

const

n = 572;

var

  gamma.0, gamma.1, lambda[ n ], x[ n ], y[ n ], lambda.C, lambda.E, mult.effect;

data x in "poisson-x.dat", y in "poisson-y.dat";
init in "poisson2.in";

{
  gamma.0 ~ dnorm( 0.0, 1.0E-4 );  # flat priors for
  gamma.1 ~ dnorm( 0.0, 1.0E-4 );  # gamma.0 and gamma.1

  for ( i in 1:n ) {

    log( lambda[ i ] ) <- gamma.0 + gamma.1 * x[ i ];
    y[ i ] ~ dpois( lambda[ i ] );

  }

  lambda.C <- exp( gamma.0 );
  lambda.E <- exp( gamma.0 + gamma.1 );
  mult.effect <- exp( gamma.1 );
}
```

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The **multiplicative Poisson model** (11) takes longer to run—2,000 burn-in iterations now take about 4 seconds at 2.0 PC GHz—but still exhibits **fairly good mixing**, as we’ll see below.
A total of 10,000 iterations (the chain started essentially in equilibrium, so the burn-in can be absorbed into the monitoring run) reveals that the multiplicative effect parameter $e^{\gamma_1}$ in model (11) behaves like an $AR_1$ series with $\hat{\rho}_1 \approx 0.5$, but the Monte Carlo standard error for the posterior mean is still only about 0.001 with a run of this length.
Additive versus Multiplicative Fit

A burn-in of 2,000 and a monitoring run of 8,000 again yields good MCMC diagnostics and permits a comparison between the additive and multiplicative Poisson models, as in Table 4.4.

Table 4.4. Comparison of inferential conclusions from the additive and multiplicative Poisson models.

<table>
<thead>
<tr>
<th>Model</th>
<th>Posterior Mean</th>
<th>Posterior SD</th>
<th>Central 95% Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>additive</td>
<td>0.943</td>
<td>0.0577</td>
<td>(0.832, 1.06)</td>
</tr>
<tr>
<td>multiplicative</td>
<td>0.945</td>
<td>0.0574</td>
<td>(0.837, 1.06)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Model</th>
<th>Posterior Mean</th>
<th>Posterior SD</th>
<th>Central 95% Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>additive</td>
<td>0.769</td>
<td>0.0521</td>
<td>(0.671, 0.875)</td>
</tr>
<tr>
<td>multiplicative</td>
<td>0.768</td>
<td>0.0518</td>
<td>(0.671, 0.872)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Model</th>
<th>Posterior Mean</th>
<th>Posterior SD</th>
<th>Central 95% Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>additive</td>
<td>-0.174</td>
<td>0.0774</td>
<td>(−0.325, −0.024)</td>
</tr>
<tr>
<td>multiplicative</td>
<td>-0.184</td>
<td>0.0743</td>
<td>(−0.324, −0.033)</td>
</tr>
</tbody>
</table>

With this model it is as if the experimental people’s average underlying rates of hospitalization have been multiplied by 0.82, give or take about 0.07.

The additive and multiplicative effects are similar here, because both are not too far from zero.
Extra-Poisson Variability

However, none of this has verified that the **Poisson model is reasonable** for these data—the histograms show that the Gaussian model is clearly unreasonable, but the diagnostic plots in WinBUGS and CODA only check on the adequacy of the **MCMC** sampling, not the model.

In fact we had a good clue that the data are not Poisson back on page 2: as noted in part 2, the Poisson($\lambda$) distribution has mean $\lambda$ and also variance $\lambda$—in other words, the **variance-to-mean-ratio** (VTMR) for the Poisson is 1. But

\[ \frac{\text{var}(C)}{\text{mean}(C)} \]

\[ \frac{\text{var}(E)}{\text{mean}(E)} \]

\[ [1] \ 1.62599 \]
\[ [1] \ 1.322979 \]

i.e., the data exhibit **extra-Poisson variability** (VTMR > 1).

This actually **makes good sense** if you think about it, as follows.

The Poisson model assumes that everybody in the control group has the **same underlying rate** $\lambda_C$ of hospitalization, and similarly everybody in the experimental group has the **same rate** $\lambda_E$. 
Unobserved Predictor Variables

In reality it’s far more reasonable to think that each person has his/her own underlying rate of hospitalization that depends on baseline health status, age, and various other things.

Now Hendriksen forgot to measure (or at least to report on) these other variables (he may have hoped that the randomization would balance them between $C$ and $E$)—the only predictor we have is $x$, the experimental status dummy variable—so the best we can do is to lump all of these other unobserved predictor variables together into a kind of “error” term $e$.

This amounts to expanding the second Poisson model (11) above: for $i = 1, \ldots, n = 572$

the new model is

\[
(y_i \mid \lambda_i) \overset{\text{indep}}{\sim} \text{Poisson}(\lambda_i) \\
\log(\lambda_i) = \gamma_0 + \gamma_1 x_i + e_i \quad (43) \\
e_i \overset{\text{IID}}{\sim} \mathcal{N}(0, \sigma_e^2) \\
(\gamma_0, \gamma_1, \sigma_e^2) \sim \text{diffuse}.
\]
Random-Effects Poisson Regression

The Gaussian choice for the error distribution is conventional, not dictated by the science of the problem (although if there were a lot of unobserved predictors hidden inside the $e_i$ their weighted sum would be close to normal by the Central Limit Theorem).

Model (16) is an expansion of the earlier model (11) because you can obtain model (11) from (16) by setting $\sigma_e^2 = 0$, whereas with (16) we’re letting $\sigma_e^2$ vary and learning about it from the data.

The addition of the random effects $e_i$ to the model is one way to address the extra-Poisson variability: this model would be called a lognormal mixture of Poisson distributions (or a random effects Poisson regression (REPR) model) because it’s as if each person’s $\lambda$ is drawn from a lognormal distribution and then his/her number of hospitalizations $y$ is drawn from a Poisson distribution with his/her $\lambda$, and this mixing process will make the variance of $y$ bigger than its mean.
WinBUGS Implementation

The new WinBUGS model is

\{
  \gamma_0 \sim \text{dnorm}(0.0, 1.0E-4) \\
  \gamma_1 \sim \text{dnorm}(0.0, 1.0E-4) \\
  \tau_e \sim \text{dgamma}(0.001, 0.001) \\

  \text{for (i in 1:n) \{ }

    e[i] \sim \text{dnorm}(0.0, \tau_e) \\
    \log(\lambda[i]) \leftarrow \gamma_0 + \gamma_1 \times x[i] + e[i] \\
    y[i] \sim \text{dpois}(\lambda[i]) \\

  \text{\}}}

  \lambda_C \leftarrow \exp(\gamma_0) \\
  \lambda_E \leftarrow \exp(\gamma_0 + \gamma_1) \\
  \text{mult.effect} \leftarrow \exp(\gamma_1) \\
  \text{sigma.e} \leftarrow 1.0 / \text{sqrt}(\tau_e) \\

\}

I again use a diffuse $\Gamma(\epsilon, \epsilon)$ prior (with $\epsilon = 0.001$) for the precision $\tau_\epsilon$ of the random effects.
With a model like that in equation (16), there are \( n \) random effects \( e_i \) that need to be sampled as nodes in the graph (the \( e_i \) play the role of auxiliary variables in the MCMC) along with the fixed effects \((\gamma_0, \gamma_1)\) and the variance parameter \( \sigma_e^2 \).

In earlier releases of the software, at least, this made it more crucial to give WinBUGS good starting values.

Here WinBUGS release 1.3 has figured out that random draws like \( \underline{1.66 \cdot 10^{-316}} \) result from the generic (and quite poor) initial values \((\gamma_0, \gamma_1, \tau_e) = (0.0, 0.0, 1.0)\) and has refused to continue sampling.
Sensitivity to Initial Values

**Warning** WinBUGS can fail, particularly in random-effects models, when you give it initial values that are not very close to the final posterior means; an example in release 1.3 is the REPR model (16) on the IHGA data with the “generic” starting values \((\gamma_0, \gamma_1, \tau_e) = (0.0, 0.0, 1.0)\).

When this problem arises there are two ways out in WinBUGS: **trial and error**, or a calculation (see below).

**NB** MLwiN does not have this problem—it gets its starting values from **maximum likelihood** (the mode of the likelihood function is often a decent approximation to the mean or mode of the posterior).

**Technical note.** To get a decent starting value for \(\tau_e\) in model (16) you can calculate as follows: renaming the random effects \(\eta_i\) to avoid confusion with the number \(e\),

1. \(V(y_i) = V[E(y_i | \eta_i)] + E[V(y_i | \eta_i)]\), where
2. \((y_i | \eta_i) \sim \text{Poisson} (e^{\gamma_0 + \gamma_1 x_i + \eta_i})\), so \(E(y_i | \eta_i) = V(y_i | \eta_i) = e^{\gamma_0 + \gamma_1 x_i + \eta_i}\). Then (3)
   \(V[E(y_i | \eta_i)] = V(e^{\gamma_0 + \gamma_1 x_i + \eta_i}) = e^{2(\gamma_0 + \gamma_1 x_i)}V(e^\eta)\) and
   \(E[V(y_i | \eta_i)] = E(e^{\gamma_0 + \gamma_1 x_i + \eta_i}) = e^{\gamma_0 + \gamma_1 x_i}E(e^\eta)\). Now (4) \(e^\eta\) is lognormal with mean 0 and variance \(\sigma^2_e\) on the log scale, so
   \(E(e^\eta) = e^{\frac{1}{2} \sigma^2_e}\) and \(V(e^\eta) = e^{\sigma^2_e} (e^{\sigma^2_e} - 1)\), yielding finally
   \(V(y_i) = e^{2(\gamma_0 + \gamma_1 x_i)} + \frac{1}{2} \sigma^2_e + e^{\gamma_0 + \gamma_1 x_i + \sigma^2_e} (e^{\sigma^2_e} - 1)\). (5) Plugging in \(x_i = 0\) for the \(C\) group, whose sample variance is 1.54, and using the value \(\gamma_0 = -0.29\) from runs with previous models, gives an equation for \(\sigma^2_e\) that can be solved numerically, yielding \(\sigma^2_e \doteq 0.5\) and \(\tau_e \doteq 2\).
Interestingly, WinBUGS release 1.4 is able to **sample successfully** with the generic starting values \((\gamma_0, \gamma_1, \tau_e) = (0.0, 0.0, 1.0)\), although of course a **longer burn-in period** would be needed when they’re used; you have to try **truly absurd** initial values to get it to fall over, and when it does so the **error message** (“Rejection1”) in the lower left corner is **more discreet**.
With a **better set of initial values**—\((\gamma_0, \gamma_1, \tau_e) = (-0.058, -0.21, 2.0)\), obtained from (a) the earlier Poisson models (in the case of the regression parameters \(\gamma_j\)) and (b) either a calculation like the one on the bottom of page 29 or trial and error—**WinBUGS** is able to make progress, although this model takes a fairly long time to fit in release 1.4: a burn-in of 1,000 takes 11 seconds at 1.0 PC GHz (the code runs about twice as fast in release 1.3 for some reason).

A monitoring run of **5,000 iterations** reveals that the random effects make everything **mix more slowly**: \(\lambda_C\) (this page) and \(\lambda_E\) and the multiplicative effect (next page) all behave like \(AR_1\) series with \(\hat{\rho}_1 = 0.7, 0.5,\) and 0.6, respectively.
WinBUGS Implementation (continued)
Learning about $\sigma_e$ in this model is slow: its autocorrelation function is that of an $AR_1$ with a high value of $\hat{\rho}_1$ (equation (55) on page 76 of part 3 of the lecture notes gives $\hat{\rho}_1 \approx 0.92$).

The MCSE of the posterior mean for $\sigma_e$ based on 5,000 draws is 0.005182—to get this down to (say) 0.001 I need to increase the length of the monitoring run by a factor of $\left(\frac{0.005182}{0.001}\right)^2 = 26.9$, meaning a total run of about $(26.9)(5,000) \approx 134,000$ iterations (this takes about half an hour at 1 PC GHz).
There is clear evidence that $\sigma_e$ is far from 0—its posterior mean and SD are estimated as 0.675 (with an MCSE of about 0.001 after 134,000 iterations) and 0.074, respectively—meaning that the model expansion from (11) to (16) was amply justified.
REPR Model Results

(Another way to achieve the goal of describing the extra-Poisson variability would be to fit different negative binomial distributions to the observed counts in the $C$ and $E$ groups—the negative binomial is a gamma mixture of Poissons, and the gamma and lognormal distributions often fit long-tailed data about equally well, so you would not be surprised to find that the two approaches give similar results.)

Table 4.5. Comparison of inferential conclusions about the multiplicative effect parameter $e^{\gamma_1}$ from the fixed-effects and random-effects Poisson regression models.

<table>
<thead>
<tr>
<th>Model</th>
<th>Posterior Mean</th>
<th>Posterior SD</th>
<th>Central 95% Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>FEPR</td>
<td>0.816</td>
<td>0.0735</td>
<td>(0.683, 0.969)</td>
</tr>
<tr>
<td>REPR</td>
<td>0.830</td>
<td>0.0921</td>
<td>(0.665, 1.02)</td>
</tr>
</tbody>
</table>

Table 4.5 compares the REPR model inferential results with those from model (11), which could also be called a fixed-effects Poisson regression (FEPR) model.

The “error” SD $\sigma_e$ has posterior mean 0.68, give or take about 0.07 (on the log($\lambda$) scale), corresponding to substantial extra-Poisson variability, which translates into increased uncertainty about the multiplicative effect parameter $e^{\gamma_1}$.

I’ll argue later that the REPR model fits the data well, so the conclusion I’d publish from these data is that IHGA reduces the average number of hospitalizations per two years by about 100(1 – 0.083)% = **17%** give or take about 9% (ironically this conclusion is similar to that from the Gaussian model, but this is coincidence).
References


